

MUSIC THERAPY



Music Therapy at Siena Hospice: Enhancing Comfort and Connection

At Siena Hospice, we are committed to providing comprehensive, compassionate care for individuals and families navigating life-limiting illnesses. Our music therapy program integrates research-informed techniques to address the unique physical, emotional, and spiritual needs of hospice patients, offering comfort and connection during this important time.

Benefits of Music Therapy

Music therapy at Siena Hospice can:

- **Alleviate Pain and Discomfort** through soothing and therapeutic interventions.
- **Reduce Anxiety and Restlessness** to promote a sense of peace and calm.
- **Encourage Communication** and closure within families.
- **Provide Spiritual Support** through personalized musical expressions.
- **Facilitate Memory and Life Review**, helping patients and loved ones reflect on meaningful experiences.

Where Is Music Therapy Available?

Music therapy services are accessible to all Siena Hospice patients, whether they are receiving care at home, in long-term care facilities, or in our partner institutions.

Our Approach to Music Therapy

1. **Assessment:** Our music therapists evaluate each patient's physical, emotional, and spiritual needs, including preferences for musical genres and potential sensory or emotional triggers.
2. **Treatment Planning:** Individualized care plans are developed to align with the patient's goals, including symptom relief, emotional expression, or legacy creation.
3. **Interventions:** Sessions may include live music, songwriting, guided imagery, or interactive musical activities.
4. **Ongoing Evaluation:** Care plans are reviewed regularly to ensure they meet the evolving needs of our patients and their families.

Testimonials

"The music therapy sessions brought so much joy and comfort to my loved one. It became the highlight of their day."

What Is Music Therapy in Hospice Care?

Music therapy is a powerful, evidence-based practice that uses personalized music interventions to support symptom management, enhance quality of life, and foster meaningful connections. Our certified music therapists work closely with patients, families, and the interdisciplinary care team to create holistic care plans tailored to individual needs.

Why Choose Siena Hospice?

At Siena Hospice, we understand the profound impact of music in creating moments of joy, peace, and connection. Our music therapy program is just one of the many ways we strive to provide holistic, patient-centered care that truly makes a difference.

For more information or to inquire about music therapy services, contact us at info@sienahospice.com or call 702-389-2009.